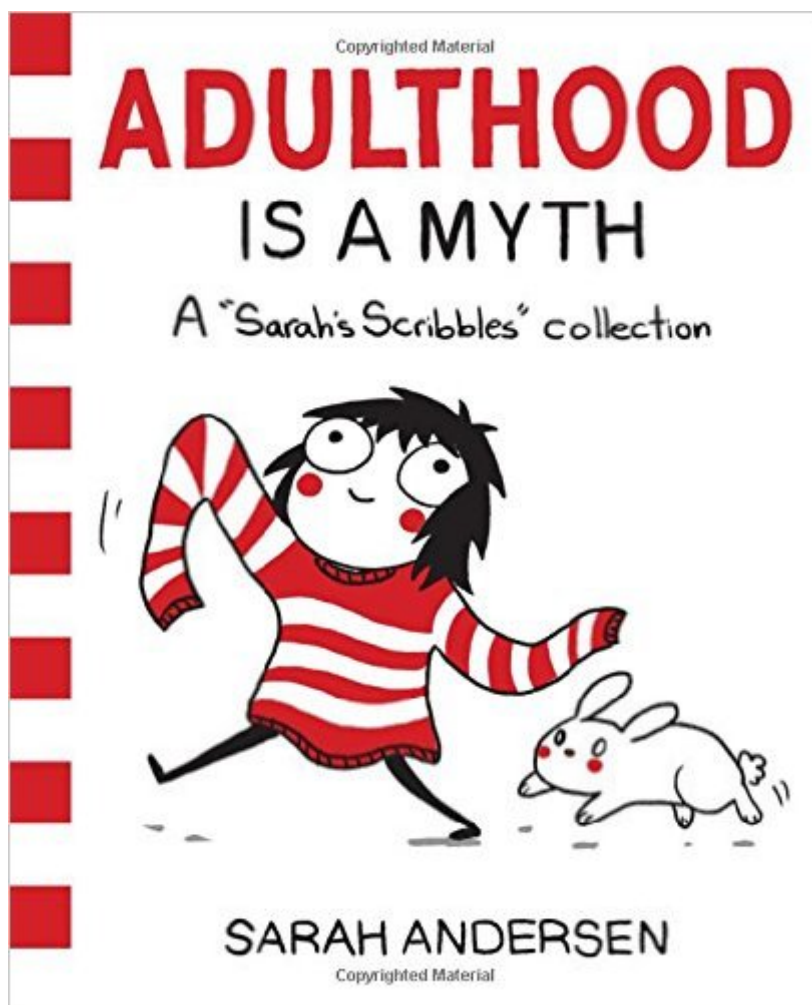


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# Adulthood Is A Myth: A Sarah's Scribbles Collection



## Synopsis

Do you love networking to advance your career? Is adulthood an exciting new challenge for which you feel fully prepared? Ugh. Please go away. 2016 GOODREADS CHOICE AWARD WINNER FOR GRAPHIC NOVELS AND COMICS! These casually drawn, perfectly on-point comics by the hugely popular young Brooklyn-based artist Sarah Andersen are for the rest of us. They document the wasting of entire beautiful weekends on the internet, the unbearable agony of holding hands on the street with a gorgeous guy, and dreaming all day of getting home and back into pajamas. In other words, the horrors and awkwardnesses of young modern life. Oh and they are totally not autobiographical. At all. *Adulthood Is a Myth* presents many fan favorites plus dozens of all-new comics exclusive to this book. Like the work of fellow Millennial authors Allie Brosh, Grace Helbig, and Gemma Correll, Sarah's frankness on personal issues like body image, self-consciousness, introversion, relationships, and the frequency of bra-washing makes her comics highly relatable and deeply hilarious.

## Book Information

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## Customer Reviews

Sarah Andersen is a young cartoonist and illustrator who lives in Brooklyn.

I'm just some random guy, I'm no good at reviews. The cover had a fuzzy sweater and the words inside made me laugh 5/5 stars.

“Are you a special snowflake? Do you love networking to advance your career? Have you never wasted a fresh new day surfing the internet? Ugh. This book is not for you. Please go away.”

“This book is for the rest of us. These comics document the wasting of entire beautiful weekends on the internet, the unbearable agony of holding hands on the street with a gorgeous guy, dreaming all day of getting home and back into pajamas, and wondering when, exactly, this adulthood thing begins. In other words, the horrors and awkwardness of young modern life.

I am 37 years old (emphasis on OLD) and am still waiting for the day when it feels like I’ve crossed over into adulthood. My lack of human kids doesn’t help, but you’d think my dog kids (both rescue and foster) would help get me at least halfway there. But I prefer sweatpants to jeans (skirts and slacks, what?), never carry a purse (though will stoop to a tote bag if absolutely necessary, like when begging fistfuls of free sample meds from the dermatologist), and wear sports bras exclusively (but only if I must). Last summer our water got shut off for a day because I didn’t realize that the city, in its infinite wisdom (i.e. laziness), had ceased its direct deposit payment plan and now requires all bills to be paid by cash or check. I have a bachelor’s degree that’s probably too old to mean anything anymore, and am still trying to figure out what I want to do when I grow up/with my life. In short, Sarah Andersen might be a Millennial, but I can still relate to much of what’s in ADULTHOOD IS A MYTH. The cartoons are pretty rad, in an understated way, and reminiscent of *HYPERBOLE AND A HALF* (though maybe with less depression and melancholy). If you’re not already familiar with Sarah’s Scribbles, there’s a tumblr you can check out to get the feel for it. Warning: you will find yourself in a bottomless timesuck of the sort that Andersen’s likely to write about. This book would make an excellent gift for a) new college graduates; b) your partner who would rather spend New Year’s bingeing on Netflix and takeout than putting on pants/a happy face and venturing out into the world; c) your friend the perpetual man- (or woman-) child; d) anyone who has a pulse.\*\* Full disclosure: I received a free e-book for review through NetGalley. \*\*

I had always seen tons of Sarah’s comics on Reddit/Imgur so when I saw she was publishing a book I immediately pre-ordered it (and am finally getting around to reviewing it!) I’ve been grappling with the fact that I’m technically an adult now and have to do gross things like work and pay bills and this book is incredibly reflective of my reluctant approach to adulthood...This book is relatable on so many levels and to so many different ages, it would make a phenomenal gift to just about anyone.

The construction of the book itself is also lovely with a nice velvet cover and high quality pages and printing. With the exception of cookbooks I buy most of my books on Kindle but this was such a no-brainer. I leave it lying around as anyone who cracks it open is bound to smile. Absolutely love her work and will 100% purchase any future publications.

Sarah Andersen's cartoons are hilarious bite size truisms that I think a lot of people will find themselves saying "Oh god, that's me." to. While you can read the vast majority of these online, it's so nice to have a proper bound collection that you can share with friends when they come over or just pick up and browse through on your own without having to sit in front of a computer.

Loved the book, read it in one sitting as it's quite short. I can't say if everything in the book is already on Sarah's blog because I haven't read all of it, but there were definitely quite a few I've already seen. I don't regret the purchase - it's nice having a short collection of these in print. They're very relatable, humorous, and it's something light to read as a pick me up.

Sarah Scribbles has an incredible way of creating comics that are incredibly relatable. No matter who you are, I highly doubt that you won't be able to relate to at least one of her hilarious comics. She also perfectly illustrates what it feels like to suffer from anxiety and depression, something that is amazingly comforting, because especially as someone who suffers from both of these, when you are having an anxiety attack or feeling depressed being able to open this book and know that there are others who completely understand how you feel is immensely relieving. It actually helps. Sarah's art helps.

Sarah Andersen captures what it's like to be an introverted millennial whom is also a slight neurotic. The illustrations will have you chuckling over and over again. This would be a great hard cover coffee table book for forever. It's this generations Calvin & Hobbes. Can't recommend this enough. I'm hard to make giggle but this one gets me.

How can anyone not like her? My 9 yo somehow spotted this in the bookshelf and made dad read it to her and her sister before I knew what was going on. So I find the kids hugely enjoy this (husband is his usual enigma), and schlepp the book wherever they go. It has led to many demands for explanations. Why does she want to be in her Pjs all the time? Why will the cat not protect her? Why did the uterus bite her stomach? Good book to explain your kids the world and then some. Still

sweating. Funny book though.

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